

Starting Buprenorphine: A Home Guide



Important

It's possible that taking buprenorphine can make you feel worse (by causing immediate withdrawal). To avoid that, make sure:

Enough time has passed, at least:

- 12 hours since you injected heroin or fentanyl
- 12 hours since you crushed and snorted pain pills
- 16 hours since you swallowed pain pills
- 2-3 days since you used methadone

You're feeling very sick from withdrawal, including at least 3 of the following:

- Body aches
- Restlessness
- Yawning
- Runny nose
- Shaking/Twitching
- Sweats/Chills
- Goosebumps
- Anxious/Irritable
- Nausea/Vomiting
- Cramping/Diarrhea

Ready to Start?

